



**REAL MEN SEND  
REAL FLOWERS ON  
VALENTINE'S DAY!**

## **YOUR GUIDE TO REAL LOVE** (and appreciation)

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**So, now you have ordered the flowers...  
(you have ordered the flowers - right?) and need to work out  
how to make the day extra special for your Valentine.**

**This year Valentine's Day falls on a work day, so it's not as easy  
to go to extra effort. There isn't enough time to whisk them away  
for the weekend or the night, or to wine and dine them into the  
early hours of the morning and maybe see the sunrise.....**

**So here are a few Real Man tips to make sure you are seen as  
the ultimate Romeo.**

### **The element of surprise**

There is nothing quite like pulling off a surprise. Showing up with a bouquet of flowers will knock her off her feet. Delivering them to home or work will have her beaming from ear to ear. Not only will the flowers brighten up her day for a week, but imagine all their colleagues looking on with envy at the proclamation of real love from their real man.

### **Make it last**

To ensure you get the kudos (and don't have to go to this effort all the time), why not arrange for a special delivery regularly through your Florist (say every month or two?). You won't have to remember or even make a call, but you will reap the real rewards, when you're greeted with affectionate over and over. Make the love last all year round.

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## Beef up the romance

Romance is all about creating the mood and doing something extra special for the one you love. Here are a few traditional but effective ways to show your romantic side.

- Collect a few extra flower petals when you're at the florist. Scatter them on the bed (heart shape optional) or down the hallway. She will be so enthralled by your efforts the real rewards will come later
- Grab a few candles at your local Florist to set the mood - teasing all your senses heightens the love factor
- Make it real by cooking a delicious meal (or order in takeaway), and she will be so pleased. Remember, Romeo will choose her favourite meal.
- Or be the real Romeo and prepare dinner with a rose between your teeth (ALERT: remember to remove the thorns first). This will give you something to smile about for months to come.

## Make it ALL about them

Red roses are the essence of romance, but they're not an absolute must for Valentine's Day. Surprise your sweetheart with fresh cut flowers which reflect their personality, represent their birth month or remind them of something special.

Your Florist can help - if you tell them their favourite colours, fragrances and the types of flowers they love, they will then tailor a bouquet to suit your budget. Remember it's the real thought that counts.

A few ideas that can really help:

- Meaning of each flower (deep)
- Birth month flowers (for star sign followers)

## Kudos and major points

What is the first thing we do when we feel loved? Tell the world - or at least the world of Facebook or Instagram. So this Valentine's Day, you will be the real man - a traditional Romeo - and everyone will know it. See your gift at #RealMenSendFlowers

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## LOVE QUOTES

(yes - Real Men use these, they just don't share it with other Real Men)

In case you were going to sit down - pen and card in hand with that dreaded anticipation of coming up blank - here are a few love quotes you can borrow as your own.

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1. If I did anything right in my life, it was when I gave my heart to you.
  2. Some people search their whole lives to find what I found in you.
  3. You have no idea how fast my heart beats when I ....see you!
  4. Before I met you, I never knew what it was like to be able to look at someone and smile for no reason.
  5. I love it when I catch you looking at me.
  6. The first time I saw you, my heart whispered that's the one.
  7. I want you today, tomorrow, next week and for the rest of my life.
  8. You are and always have been my dream.
  9. All of me loves all of you.
  10. Be mine.
  11. True love is - flowers
  12. I won't give up on us.
  13. I can watch you all day and never get bored.
  14. You're my only choice because no one else makes me happy like you.
  15. You'll never know just how beautiful you are to me.
  16. Just keep loving me. I'll keep loving you. And the rest will fall in place.
  17. It's simple to love you.
  18. Every love story is beautiful but ours is my favourite.
  19. Only you can give me that feeling.
  20. I'm in love with you and all the little things.
  21. Yeah I am selfish because I will never share you with anyone else.
  22. The best love is the one that makes you a better person, with changing you into someone other than yourself.
  23. I can't wait until I can roll over at 2am to find your lips instead of a text.
  24. My day is not complete if I don't tell you I love you.
  25. There's only 1 thing 2 do, 3 words 4 you. I love you.
  26. Take my hand, my heart, my soul because it's meant for you.
  27. Cuddling you would be perfect right now.
  28. If you only knew how much those little moments with you matter to me.
  29. I love you not only for what you are, but for what I am when I am with you.
  30. I love you more than I have ever found a way to say to you.
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31. I love that feeling I get when I see your smile.
  32. Meeting you was fate, becoming your friend was a choice, but falling in love with you was beyond my control
  33. Every day I spend with you, becomes the new best day of my life.
  34. You're super cute when you smile.
  35. True love is "Good morning beautiful" texts
  36. You're just like bacon you make everything better
  37. Love doesn't make the world go round. Love is what makes the ride worthwhile.
  38. I keep myself busy with the things I do, but every time I pause I still think of you.
  39. Every moment spent with you is like a beautiful dream come true
  40. The most comfortable place for me to be is in your arms.
  41. When I look into your eyes, it's like falling in love all over again.
  42. A true relationship is when you can tell each other anything and everything.  
No secrets and no lies.
  43. I want someone I can laugh and be silly with.
  44. Love isn't something you find. Love is something that finds you.
  45. I know I don't stand a chance but I'm going to like you anyway.
  46. Don't make me laugh, I'm trying to be mad with you.
  47. Because a girl like you is impossible to find.
  48. I fell for you unexpectedly, but I now plan to be with you forever.
  49. You stole my heart, but I will let you keep it.
  50. Texting is fine, calling is okay. But being with you is the best.
  51. I love you for all that you are, all that you have been and all that you're yet to be.
  52. And in her smile I see something more beautiful than the stars.
  53. Love is friendship set on fire.

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